

Psychology 1 provides a solid overview of the field's major domains: methods, biopsychology, cognitive and developmental psychology, and variations in individual and group behavior.

By focusing on significant scientific research and on the questions that are most important to psychologists, students see psychology as an evolving science. Each topic clusters around challenge questions, such as "What is happiness?" Students answer these questions before, during, and after they interact with direct instruction.

This course is built to state standards and informed by the American Psychological Association's National Standards for High School Psychology Curricula. The teaching methods draw from the National Science Teachers Association (NSTA) teaching standards.

Length: One semester

UNIT 1: PSYCHOLOGY AS A SCIENCE

- Lesson 1: What Good Is Psychology?
- Lesson 2: Correlation versus Causation
- Lesson 3: Observational Studies
- Lesson 4: Experiments
- Lesson 5: Psychology as a Science Wrap-Up

UNIT 2: THE BRAIN AND THE BODY

- Lesson 1: The Nervous System and Endocrine System
- Lesson 2: The Brain
- Lesson 3: Sensation
- Lesson 4: Perception and the Embodied Mind
- Lesson 5: The Brain and the Body Wrap-Up

UNIT 3: THINKING, FEELING, AND CONSCIOUSNESS

- Lesson 1: What Is Consciousness?
- Lesson 2: Thinking and Feeling
- Lesson 3: Memory
- Lesson 4: Sleep and Dreaming
- Lesson 5: Thinking, Feeling, and Consciousness Wrap-Up

UNIT 4: DEVELOPING THROUGHOUT LIFE

- Lesson 1: Dimensions of Development
- Lesson 2: Themes of Development
- Lesson 3: Cognitive and Language Development in Childhood
- Lesson 4: Life Stages and Moral Development
- Lesson 5: Developing throughout Life Wrap-Up

UNIT 5: SOCIAL PSYCHOLOGY

- Lesson 1: Attribution and Attitudes
- Lesson 2: Conformity and Obedience
- Lesson 3: Social Relationships
- Lesson 4: Group Conflict and Group Interaction
- Lesson 5: Social Psychology Wrap-Up

UNIT 6: DISORDERS AND WELLNESS

- Lesson 1: Mental Illness
- Lesson 2: Anxiety and Mood Disorders
- Lesson 3: Dissociative Disorders and Schizophrenia
- Lesson 4: Positive Psychology and Happiness
- Lesson 5: Disorders and Wellness Wrap-Up

UNIT 7: REVIEW AND EXAM

- Lesson 1: Review and Exam