

Introduction to Health Science provides the foundational knowledge and skills students need for careers in health care. Students begin by exploring the services, structure, and professions of the health care system. The remainder of the course focuses on day-to-day skills and expectations for health professionals, which include promoting wellness, maintaining a safe environment, creating medical records, and practicing good communication, collaboration, and leadership.

Using real-life scenarios and application-driven activities, students learn the responsibilities and challenges of being health care professionals. In addition to building their understanding of technical concepts and skills, students evaluate the qualifications required for specific careers and develop personal career plans to pursue work in the health care industry.

Introduction to Health Science is an introductory-level Career and Technical Education course for programs of study in health sciences.

This course is built to state and national standards.

Length: One semester

## **UNIT 1: HEALTH, DISEASE, AND HEALTH CARE INDUSTRY**

- Lesson 1: Overview of Health and Disease
- Lesson 2: Health Care System
- Lesson 3: Health Law and Liability
- Lesson 4: Wrap-Up: The Health Sciences Profession

## **UNIT 2: CAREERS IN THE HEALTH SCIENCES**

- Lesson 1: Career Exploration
- Lesson 2: Career Planning
- Lesson 3: How to Get the Job!
- Lesson 4: Wrap-up: Careers in the Health Sciences

## **UNIT 3: TEAMWORK IN HEALTH CARE**

- Lesson 1: What is Teamwork?
- Lesson 2: Dealing with Conflict
- Lesson 3: Wrap-up Teamwork in Health Care

## **UNIT 4: HEALTH CARE COMMUNICATION AND RECORDS**

- Lesson 1: Communication in Health Care
- Lesson 2: Health Care Records
- Lesson 3: Wrap-up: Health Care Communication and Records

## **UNIT 5: SAFETY AND WELLNESS**

- Lesson 1: Workplace Safety in Health Care
- Lesson 2: Personal Wellness in the Workplace
- Lesson 3: Wrap-up: Safety and Wellness

## **UNIT 6: HEALTH SCIENCES WRAP-UP**

- Lesson 1: Health Sciences Wrap-Up