

AP Psychology provides an overview of current psychological research methods and theories. Students will explore the therapies used by professional counselors and clinical psychologists and examine the reasons for normal human reactions: how people learn and think, the process of human development and human aggression, altruism, intimacy, and self-reflection. They will study core psychological concepts, such as the brain and sense functions, and learn to gauge human reactions, gather information, and form meaningful syntheses. Along the way, students will also investigate relevant concepts like study skills and information retention. The equivalent of an introductory college-level survey course, AP Psychology prepares students for the AP exam and for further studies in psychology or life sciences.

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Length: One semester

## UNIT 1: HISTORY AND PERSPECTIVES OF PSYCHOLOGY

### LESSON 1: HISTORY AND PERSPECTIVES OF PSYCHOLOGY

#### **Study: Development of Psychology as a Science**

Learn about the development of psychology from early philosophy to modern science.

Duration: 0 hrs 30 mins

#### **Explore: What Do You Know about Psychology? A Common Sense Test**

Take a quick quiz to test your knowledge in the field of psychology.

Duration: 0 hrs 15 mins

#### **Discuss: Getting Acquainted**

Introduce yourself to students and instructor. Share information about yourself, your school, and your interest in psychology

Duration: 0 hrs 30 mins Scoring: 10 points

#### **Study: Modern Perspectives in Psychology**

Learn about eight of the most common perspectives in modern psychology.

Duration: 0 hrs 30 mins

#### **Practice: Comprehension Check**

Answer questions to assess your understanding of the history and perspectives of psychology.

Duration: 0 hrs 10 mins

#### **Study: Fields in Psychology**

Learn about psychologists, psychiatrists, and counselors.

Duration: 0 hrs 30 mins

#### **Practice: Careers in Psychology**

Match various psychology career titles to their activities.

Duration: 1 hr 30 mins

#### **Practice: Identifying Perspectives in Psychology**

Read and sort various scenarios into the corresponding psychological perspectives they represent.

Duration: 1 hr Scoring: 30 points

#### **Quiz: Comprehension Check**

Answer questions to assess your understanding of the history and perspectives of psychology.

## LESSON 2: RESEARCH METHODS

### Study: Introduction to Psychological Research

Get some explanations regarding the world of psychological research.

Duration: n/a

### Explore: Why Learn about Psychological Research? An Introduction

Learn the key elements of how research should be conducted and designed so that you can better evaluate reports that may seem confusing.

Duration: 0 hrs 30 mins

### Study: Observational Studies

Learn about surveys and other types of information-gathering studies where the researcher does not exert control over the subjects.

Duration: 0 hrs 30 mins

### Study: Experiments

Learn about studies where the researcher exerts control over the subjects and observes how they react.

Duration: 0 hrs 30 mins

### Study: Hypothesis Testing

Learn how science answers important 'yes or no' questions.

Duration: 0 hrs 30 mins

### Explore: Hypothesis Testing in Current Research

Explore current research that uses hypothesis testing.

Duration: 1 hr

### Study: Correlational Research

Learn how to analyze the relationship between two variables such as TV watching and grades.

Duration: 0 hrs 30 mins

### Discuss: Evaluating Research Design and Ethics

Evaluate the research design and ethical standards of several research proposals.

Duration: 0 hrs 30 mins Scoring: 10 points

### Practice: Evaluating Scientific Information

Using two different sources, one credible and one noncredible, evaluate the research design of each resource.

Duration: 1 hr Scoring: 30 points

### Practice: Comprehension Check

See how much you know about basic research methods in psychology.

Duration: 0 hrs 10 mins

### Discuss: Should Animals Be Used in Research?

Share views and explore the pros and cons of animal research and experimentation in psychology.

Duration: 0 hrs 30 mins Scoring: 10 points

### Quiz: Comprehension Check

Answer questions to assess your understanding of research methods in psychology.

Duration: 0 hrs 20 mins Scoring: 10 points

## LESSON 3: BASIC STATISTICS

### Study: Basic Statistics

Learn basic measures of central tendency (averages) and variation (standard deviation).

Duration: 0 hrs 30 mins

### Study: The Normal Distribution z-Scores and Percentiles

Learn how the common 'bell curve' is used to determine probabilities and percentiles.

Duration: 0 hrs 30 mins

### **Practice: Descriptive Statistics**

Practice what you have learned about descriptive statistics. (Additional Practice)

Duration: 0 hrs 30 mins

### **Practice: Basic Statistics**

Calculate, organize and identify basic statistical data.

Duration: 0 hrs 30 mins

### **Practice: Comprehension Check**

Answer questions to assess your understanding of basic statistics.

Duration: 0 hrs 10 mins

### **Quiz: Comprehension Check**

Answer questions to assess your understanding of basic statistics.

Duration: 0 hrs 20 mins Scoring: 10 points

## **LESSON 4: HISTORY AND PERSPECTIVES OF PSYCHOLOGY WRAP-UP**

### **Review: History and Perspectives of Psychology**

Review the material to prepare for the test.

Duration: 3 hrs

### **Review: Advanced Placement Essay Writing**

Write Advanced Placement Essays

Duration: 0 hrs 20 mins

### **Test (CS): History and Perspectives of Psychology**

Take a test to assess your understanding of the content.

Duration: 0 hrs 20 mins Scoring: 40 points

### **Test (TS): History and Perspectives of Psychology**

Take a test to assess your understanding of the content.

Duration: 0 hrs 30 mins Scoring: 20 points

## **UNIT 2: PERCEPTION AND CONSCIOUSNESS**

### **LESSON 1: THE NERVOUS AND ENDOCRINE SYSTEMS**

#### **Study: Organization of the Nervous System**

Learn about the main components of the human nervous system and how they work together.

Duration: 0 hrs 30 mins

#### **Study: A Tour of the Brain**

Learn about the most complicated system in the known universe.

Duration: 0 hrs 30 mins

#### **Explore: Hemisphere Specialization**

Learn more about brain function and hemisphere specialization.

Duration: 0 hrs 30 mins

#### **Study: Methods for Studying the Brain**

Learn about the amazing tools that have given rise to exciting new discoveries about the brain.

Duration: 0 hrs 30 mins

#### **Practice: Neuron Activity**

Label the structures of a neuron and complete the accompanying fill-in-the blank activity.

Duration: 0 hrs 15 mins

#### **Practice: Comprehension Check**

Answer questions to assess your understanding of the nervous system, the neuron basic brain structures and their functions, and how scientists study the human brain.

Duration: 0 hrs 10 mins

### **Study: The Endocrine System**

Learn about the system of hormones and glands that affects emotions and important processes such as growth.

Duration: 0 hrs 30 mins

### **Explore: Sheep Brain Dissection**

Learn about brain structures and functions by exploring a sheep's brain which is so similar to our own.

Duration: 0 hrs 30 mins

### **Practice: Brain Biology**

Create a brain model that displays the various brain structures and outlines their various functions.

Duration: 1 hr Scoring: 30 points

### **Quiz: Comprehension Check**

Answer questions to assess your understanding of the nervous and endocrine systems

Duration: 0 hrs 20 mins Scoring: 10 points

## **LESSON 2: GENETIC INFLUENCES**

### **Study: Genetics and Genetic Diseases**

Learn the basics of genes chromosomes and how they affect behavior.

Duration: 0 hrs 30 mins

### **Study: Nature-Nurture and Twin Studies**

Learn more how genes and the environment affect our behavior.

Duration: 0 hrs 30 mins

### **Discuss: Nature or Nurture?**

Explore the topic of nature vs. nurture. Use concrete examples to support your view on how environmental or biological factors affect who and what we are.

Duration: 0 hrs 30 mins Scoring: 10 points

### **Quiz: Comprehension Check**

Answer questions to assess your understanding of genetic influences.

Duration: 0 hrs 20 mins Scoring: 10 points

## **LESSON 3: SENSATION AND PERCEPTION**

### **Study: Sensation**

Learn how our sense organs take in information from the environment.

Duration: 0 hrs 30 mins

### **Study: Theories of Vision and Hearing**

Learn details about how our eyes and ears work.

Duration: 0 hrs 30 mins

### **Explore: Theories of Taste Smell and Position**

Explore research and details about how we sense tastes and smells.

Duration: 1 hr 30 mins

### **Explore: Senses of Touch Position and Balance**

Explore research and details about the sense of touch position and balance.

Duration: 1 hr 30 mins

### **Explore: Fun with Your Senses**

A fun interactive that teaches you about senses.

Duration: 0 hrs 30 mins

**Study: Perception**

Learn how the brain organizes and interprets information from sense organs.

Duration: 0 hrs 30 mins

**Explore: Perception and Optical Illusions**

Explore the connection between perceptual expectations and optical illusions.

Duration: 1 hr

**Discuss: Extrasensory Perception**

Share your view and provide specific examples to support your opinion about whether or not you believe in the existence of ESP.

Duration: 0 hrs 30 mins Scoring: 10 points

**Explore: Sensation and Perception Jeopardy**

Check your understanding of Sensation & Perception with an on-line Jeopardy game.

Duration: 0 hrs 30 mins

**Quiz: Comprehension Check**

Answer questions to assess your understanding of sensation and perception.

Duration: 0 hrs 20 mins Scoring: 10 points

**LESSON 4: CONSCIOUSNESS****Explore: Theories of Consciousness**

Explore different views on what it means to be conscious.

Duration: 1 hr 30 mins

**Study: Sleep and Dreaming**

Learn about the stages of sleep and some popular theories about dreaming.

Duration: 0 hrs 30 mins

**Explore: Sleep Inventory and Tips for Sleeping Well**

Take a sleep inventory to assess the quality of your sleep and then visit a website for tips on sleeping well.

Duration: 0 hrs 30 mins

**Discuss: Sleep**

Discuss which sleep disorder you think would be the hardest with which to cope. Expand your discussion to also talk about the effect of getting too much or too little sleep on your waking life.

Duration: 0 hrs 30 mins Scoring: 10 points

**Practice: Stages of Sleep**

Discuss the characteristics of the four stages of sleep and explain the distinguishing characteristics of REM and non-REM sleep.

Duration: 1 hr Scoring: 30 points

**Explore: Dream Interpretation**

Keep a dream journal for a night then go on-line to examine its possible latent and manifest content.

Duration: 1 hr 30 mins

**Study: Hypnosis**

Learn what hypnosis is and how it's used.

Duration: 0 hrs 30 mins

**Practice: Comprehension Check**

Answer questions to assess your understanding of sleep and hypnosis.

Duration: 0 hrs 10 mins

**Study: Psychoactive Drugs**

Learn the major classes of drugs and what they do.

Duration: 0 hrs 30 mins

**Quiz: Comprehension Check**

Answer questions to assess your understanding of consciousness.

Duration: 0 hrs 20 mins Scoring: 10 points

**LESSON 5: PERCEPTION AND CONSCIOUSNESS WRAP-UP****Review: Perception and Consciousness**

Review the material to prepare for the test.

Duration: 3 hrs

**Test (CS): Perception and Consciousness**

Take a test to assess your understanding of the content.

Duration: 0 hrs 20 mins Scoring: 40 points

**Test (TS): Perception and Consciousness**

Take a test to assess your understanding of the content.

Duration: 0 hrs 30 mins Scoring: 20 points

**UNIT 3: THINKING AND FEELING****LESSON 1: CLASSICAL AND OPERANT CONDITIONING****Study: Classical Conditioning**

Learn about the famous experiments with salivating dogs and how a stimulus can become paired with a response.

Duration: 0 hrs 30 mins

**Explore: Little Albert and the Classical Conditioning of a Phobia**

Explore a classic and controversial experiment about classical conditioning in human babies.

Duration: 1 hr 30 mins

**Study: Operant Conditioning**

Learn how rewards and punishments can be used to shape behavior.

Duration: 0 hrs 30 mins

**Practice: Comprehension Check**

Answer questions to assess your understanding of operant conditioning.

Duration: 0 hrs 10 mins

**Discuss: Conditioning**

Using your knowledge of classical and operant conditioning, discuss how phobias develop and how they can be treated.

Duration: 0 hrs 30 mins Scoring: 10 points

**Quiz: Comprehension Check**

Answer questions to assess your understanding of classical and operant conditioning

Duration: 0 hrs 20 mins Scoring: 10 points

**LESSON 2: COGNITIVE AND SOCIAL APPROACHES TO LEARNING****Study: Cognitive and Social Approaches to Learning**

Explore some modern theories about how humans learn through problem-solving and working in groups.

Duration: 0 hrs 30 mins

**Practice: How Do We Teach Our Children?**

Use personal examples and supporting content to explain how your parents have used classical conditioning, operant conditioning, and social learning to shape your behavior.

Duration: 1 hr Scoring: 30 points

**Quiz: Comprehension Check**

Answer questions to assess your understanding of cognitive and social approaches to learning.

Duration: 0 hrs 20 mins Scoring: 10 points

**LESSON 3: MEMORY**

**Study: Memory**

Learn about the mechanisms behind memory.

Duration: 0 hrs 30 mins

**Explore: Testing Memory**

Try some activities to test your memory and learn some things you can try to improve it.

Duration: 0 hrs 30 mins

**Study: Forgetting**

Identify examples of retroactive and proactive interference, and retrograde and anterograde amnesia.

Duration: 1 hr

**Explore: Mnemonic Devices**

Learn how to use mnemonic devices to improve your recall of content.

Duration: 0 hrs 30 mins

**Discuss: Mnemonic Devices**

Use what you have learned in this lesson to explain how mnemonic devices can be used to improve study time and rate of retention. Give an example of a mnemonic device you created for this unit.

Duration: 0 hrs 30 mins Scoring: 10 points

**Practice: Memory Practice**

Review the "Encoding," "Storage," and "Memory Construction" sections in chapter 9 of your textbook.

Duration: 1 hr Scoring: 30 points

**Quiz: Comprehension Check**

Answer questions to assess your understanding of memory.

Duration: 0 hrs 20 mins Scoring: 10 points

**LESSON 4: COGNITION PROBLEM SOLVING AND CREATIVITY****Study: Cognition**

Learn some theories about how we think.

Duration: 0 hrs 30 mins

**Study: Problem Solving and Creativity**

Learn how problem-solving and creativity have been defined and studied.

Duration: 0 hrs 30 mins

**Practice: Comprehension Check**

Answer questions to assess your understanding of cognition problem solving and creativity.

Duration: 0 hrs 10 mins

**Practice: Making Decisions and Forming Judgments**

Students will distinguish between availability and representative heuristics, framing, and schemas.

Duration: 1 hr

**Quiz: Comprehension Check**

Answer questions to assess your understanding of cognition, problem solving, and creativity.

Duration: 0 hrs 20 mins Scoring: 10 points

**LESSON 5: LANGUAGE****Study: Language Development**

Learn how people acquire and use language.

Duration: 0 hrs 30 mins

**Explore: Case Study: Genie the Wild Child**

Examine a historical case study of a child raised in isolation.

Duration: 0 hrs 30 mins

**Discuss: Do Animals Think?**

Use concrete examples to support your opinion about whether you believe animals are self-aware and whether they use language.

Duration: 0 hrs 30 mins Scoring: 10 points

**Quiz: Comprehension Check**

Answer questions to assess your understanding of language.

Duration: 0 hrs 20 mins Scoring: 10 points

**LESSON 6: MOTIVATION AND EMOTIONS****Study: Overview of Motivation**

Learn some important theories about motivation including how it can be driven by biological needs.

Duration: 0 hrs 30 mins

**Study: Motivation of Hunger and Sex**

Learn about two basic human drives.

Duration: 0 hrs 30 mins

**Study: Overview of Emotions**

Learn some important theories about how emotions are triggered and created.

Duration: n/a

**Explore: Facial Expressions**

Explore the role of facial expressions in emotion.

Duration: 1 hr 30 mins

**Discuss: Achievement**

Using your knowledge of achievement, discuss what you would do as a coach or boss to motivate players or employees to achieve more.

Duration: 0 hrs 30 mins Scoring: 10 points

**Practice: Theories of Emotion**

Student will read a series of scenarios and determine the matching theory of emotion.

Duration: 1 hr

**Practice: Comprehension Check**

Check your understanding of motivation and emotion.

Duration: 0 hrs 10 mins

**Quiz: Comprehension Check**

Answer questions to assess your understanding of motivation and emotion.

Duration: 0 hrs 20 mins Scoring: 10 points

**LESSON 7: STRESS HEALTH AND COPING****Study: Stress Health and Coping**

Learn theories about how people respond to stress and how to better cope with it.

Duration: 0 hrs 30 mins

**Explore: Measuring Your Stress Level**

Take an on-line evaluation of your current stress level.

Duration: 0 hrs 15 mins

**Practice: Comprehension Check**

Answer questions to assess your understanding of health, stress, and coping.

Duration: 0 hrs 10 mins

**Quiz: Comprehension Check**

Answer questions to assess your understanding of stress, health, and coping.

Duration: 0 hrs 20 mins Scoring: 10 points



## LESSON 8: THINKING AND FEELING WRAP-UP

### Review: Thinking and Feeling

Review material to prepare for the test.

Duration: 3 hrs

### Test (CS): Thinking and Feeling

Take a test to assess your understanding of the content.

Duration: 0 hrs 20 mins Scoring: 40 points

### Test (TS): Thinking and Feeling

Take a test to assess your understanding of the content.

Duration: 0 hrs 30 mins Scoring: 20 points

## UNIT 4: DEVELOPMENT TESTING AND INDIVIDUAL DIFFERENCES

### LESSON 1: STUDYING CHILD DEVELOPMENT

#### Study: Dimensions of Development

Learn the main dimensions of development including physical cognitive and moral.

Duration: 0 hrs 30 mins

#### Study: Developmental Research

Learn the complex problems and ingenious solutions for studying how people change over time.

Duration: 0 hrs 30 mins

#### Practice: Developmental Timeline

Create a timeline that outlines key cognitive, social, and moral developmental stages.

Duration: 1 hr Scoring: 30 points

#### Quiz: Comprehension Check

Answer questions to assess your understanding of child development.

Duration: 0 hrs 20 mins Scoring: 10 points

### LESSON 2: MAJOR THEORIES OF HUMAN DEVELOPMENT

#### Study: A Survey of Perspectives and Theories of Development

Learn about some of the most important theories about how people develop.

Duration: 0 hrs 30 mins

#### Explore: Parenting Styles

Explore different styles of parenting.

Duration: 1 hr 30 mins

#### Discuss: Attachment

Discuss how attachment and different parenting styles affect human development.

Duration: 0 hrs 30 mins Scoring: 10 points

#### Practice: Comprehension Check

Answer questions to assess your understanding of theories of development.

Duration: 0 hrs 10 mins

#### Quiz: Comprehension Check

Answer questions to assess your understanding of the theories of human development.

Duration: 0 hrs 20 mins Scoring: 10 points

### LESSON 3: PERSONALITY

#### Study: Psychodynamic Theories of Development

Learn theories about the role of unconscious conflicts in development.

Duration: 0 hrs 30 mins

#### Study: Psychoanalytic Perspectives on Personality

Learn about perspectives on personality that stem from ideas about the unconscious.

Duration: 0 hrs 30 mins

**Practice: The Id, Ego and Superego**

Use the on-line activity to develop a mastery of key terms and ideas about psychoanalytic personality theory.

Duration: 0 hrs 30 mins

**Study: Other Perspectives on Personality**

Learn personality from cognitive, humanist, and social perspectives.

Duration: 0 hrs 30 mins

**Practice: Theories of Personality**

Explain how the various theories of personality account for an introverted or extroverted personality.

Duration: 1 hr Scoring: 30 points

**Explore: Personality Testing**

Visit designated website to take an on-line personality assessment (Myers-Briggs).

Duration: 0 hrs 30 mins

**Practice: Comprehension Check**

Answer questions to assess your understanding of personality.

Duration: 0 hrs 10 mins

**Discuss: Personality**

Discuss two theories of personality that you feel best explain the development of your personality.

Duration: 0 hrs 30 mins Scoring: 10 points

**Quiz: Comprehension Check**

Answer questions to assess your understanding of personality.

Duration: 0 hrs 20 mins Scoring: 10 points

**LESSON 4: TESTING AND INDIVIDUAL DIFFERENCES**

**Study: How Tests Are Created and Used**

Learn about how tests can be used and how they're designed to be as accurate and valid as possible.

Duration: 0 hrs 30 mins

**Study: Common Types of Psychometric Tests**

Learn about tests for intelligence personality and other traits.

Duration: 0 hrs 30 mins

**Explore: Howard Gardner: The World of Multiple Intelligences**

Discover your multiple intelligences profile.

Duration: 1 hr 30 mins

**Discuss: Intelligence**

Apply what you have learned about intelligence to answer one of these questions using examples to support your opinion. Is there a difference between men and woman? Is intelligence a measure of innate ability or simply hard intellectual work? Is intelligence determined at birth or is it something in our lives that we can improve or change?

Duration: 0 hrs 30 mins Scoring: 10 points

**Practice: Theories of Intelligence**

Match descriptions to their corresponding theories of intelligence.

Duration: 1 hr

**Practice: Looking at Cultural Bias in I.Q. Testing**

Are some students really "smarter" than others, or does culture give some students an unfair advantage in testing?

Duration: 1 hr Scoring: 30 points

**Quiz: Comprehension Check**

Answer questions to assess your understanding of testing and individual differences.

Duration: 0 hrs 20 mins Scoring: 10 points

## LESSON 5: DEVELOPMENT TESTING AND INDIVIDUAL DIFFERENCES WRAP-UP

### Review: Development Testing and Individual Differences

Review the material to prepare for the test.

Duration: 3 hrs

### Test (CS): Development Testing and Individual Differences

Take a test to assess your understanding of the content.

Duration: 0 hrs 25 mins Scoring: 50 points

### Test (TS): Development Testing and Individual Differences

Take a test to assess your understanding of the content.

Duration: 0 hrs 25 mins Scoring: 10 points

## UNIT 5: ABNORMAL PSYCHOLOGY AND SOCIAL PSYCHOLOGY

### LESSON 1: ABNORMAL PSYCHOLOGY

#### Study: Overview of Abnormal Psychology

Learn how labels such as 'mentally' ill are applied and misapplied.

Duration: 0 hrs 30 mins

#### Study: Major Categories of Disorders

Learn how the Diagnostic and Statistical Manual categorizes disorders.

Duration: 0 hrs 30 mins

#### Discuss: Psychological Disorders

Select a psychological disorder that you find intriguing. Discuss the symptoms of the disorder and explain why and how you find it interesting.

Duration: 0 hrs 30 mins Scoring: 10 points

#### Study: Diagnosing Disorders

Practice diagnosing disorders according to how they're defined in the Diagnostic and Statistical Manual.

Duration: 0 hrs 30 mins

#### Explore: The Puzzle of Diagnosis

Examine several cases and diagnose the psychological disorder.

Duration: 0 hrs 30 mins

#### Practice: Diagnosing Psychological Disorders

Examine a set of five case studies and give a diagnosis and explanation of the possible psychological disorder based on the symptoms described.

Duration: 1 hr Scoring: 30 points

#### Practice: Comprehension Check

Answer questions to assess your understanding of psychological disorders.

Duration: 0 hrs 10 mins

#### Quiz: Comprehension Check

Answer questions to assess your understanding of abnormal psychology.

Duration: 0 hrs 20 mins Scoring: 10 points

### LESSON 2: TREATMENTS

#### Study: Types of Therapies and Therapists

Learn about different approaches taken by therapists.

Duration: 0 hrs 30 mins

#### Explore: Pharmacological Approaches to Treatment

Learn how prescription medications are used to treat mental illness.

Duration: 1 hr 30 mins

**Explore: Rogerian Therapy**

Experience a short Rogerian therapy session.

Duration: 0 hrs 30 mins

**Practice: Therapy and Treatment**

Explain the differences between various treatment and therapy techniques.

Duration: 1 hr Scoring: 30 points

**Practice: Comprehension Check**

Answer questions to assess your understanding of treatments.

Duration: 0 hrs 10 mins

**Quiz: Comprehension Check**

Answer questions to assess your understanding of treatments and therapies.

Duration: 0 hrs 20 mins Scoring: 10 points

**LESSON 3: ATTITUDES AND SOCIAL-COGNITIVE THEORIES**

**Study: Attitudes and Social-Cognitive Theories**

Learn how people's attitudes and thoughts affect their social behavior.

Duration: 0 hrs 30 mins

**Explore: Examine the Zimbardo Prison Study on the Power of Roles**

Examine Zimbardo's historical case study to discover the power of roles and whether it explains the Iraqi prisoner abuse.

Duration: 1 hr

**Explore: Famous Studies in Social Psychology**

Explore famous studies about group influence on individual behavior.

Duration: 1 hr 30 mins

**Discuss: Social Psychology**

Provide a real life example you have witnessed to support or refute the findings of one of the studies of the prominent researchers in Social Psychology.

Duration: 0 hrs 30 mins Scoring: 10 points

**Practice: Comprehension Check**

Answer questions to assess your understanding of attitudes and social-cognitive theories.

Duration: 0 hrs 10 mins

**Study: Friendliness Friendship and Love**

Learn more about what brings people together and prompts them to help each other.

Duration: 0 hrs 30 mins

**Quiz: Comprehension Check**

Answer questions to assess your understanding of attitudes and Social-Cognitive theories.

Duration: 0 hrs 20 mins Scoring: 10 points

**LESSON 4: GROUPS AND INTERGROUP RELATIONS**

**Study: Concepts in Groups and Intergroup Relations**

Learn about a basic concept in social psychology: the group. Learn important ideas and theories about how groups behave and interact.

Duration: 0 hrs 30 mins

**Study: Contact Theory**

Learn how contact between individuals in different groups can increase understanding and cooperation.

Duration: 0 hrs 30 mins

**Explore: Prisoner Dilemma: A Problem of Cooperation vs. Competition**

Explore the effect of cooperation and competition on individual decision making.

Duration: 0 hrs 30 mins

**Explore: Dissonance Theory Persuasion and Consumer Behavior**

Use commercials or print advertisement to examine how advertisers entice you to purchase their products.

Duration: 0 hrs 30 mins

**Discuss: Television and Aggression**

Discuss whether violence shown on TV and/or video games creates or releases aggression in teens.

Duration: 1 hr Scoring: 10 points

**Quiz: Comprehension Check**

Answer questions to assess your understanding of groups and intergroup relations.

Duration: 0 hrs 20 mins Scoring: 10 points

**LESSON 5: ABNORMAL PSYCHOLOGY AND SOCIAL PSYCHOLOGY WRAP-UP****Review: Abnormal Psychology and Social Psychology**

Review the material to prepare for the test.

Duration: 3 hrs

**Test (CS): Abnormal Psychology and Social Psychology**

Take a test to assess your understanding of the content.

Duration: 0 hrs 25 mins Scoring: 50 points

**Test (TS): Abnormal Psychology and Social Psychology**

Take a test to assess your understanding of the content.

Duration: 0 hrs 25 mins Scoring: 10 points

**UNIT 6: COURSE REVIEW AND EXAM****LESSON 1: COURSE REVIEW****Review: Myers Review Materials**

Review the material you studied in this course and get a refresher on how to write a good exam essay.

Duration: 6 hrs

**LESSON 2: FINAL COURSE EXAM****Exam: Final Course Exam**

Take the Test

Duration: 1 hr 15 mins Scoring: 150 points

**Final Exam: Final Course Exam**

Take the Test

Duration: 0 hrs 45 mins Scoring: 40 points